

Lesson 1

He's God

1. From Psalm 1, what does "Blessed" mean? (Go deep)
2. Why will you be blessed?
3. What will keep you from wickedness?
4. Why should God's Word be your delight?

If it truly is, what should you be doing with it?

5. What actually, does "mediate" mean?

What will it produce?

6. Explain:
 - a. The tree
 - b. Planted by streams of water
 - c. Yields its fruit in season
 - d. Whatever he does prospers
7. Is that a great way to live?

How come?

8. What will God do with the righteous?

How do you know that you are one of the righteous?

9. Why is Psalm 2 such a contrast to Psalm 1?
10. Why is Psalm 2:2 so very dangerous?

What will always be the consequences?

11. Why does the Lord laugh?
12. Despite evil all around, why can you take comfort in this Psalm?

Lesson 2

He's Personal

1. Psalm 23: List characteristics of a shepherd.

How is Jesus your personal Shepherd?

2. List all the ways this Psalm gives you comfort.
3. In Psalm 46, what do you have to do to turn your weakness into strength?

Is it your choice?

List everything in this Psalm that will keep you strong.

4. How does Psalm 51 cleanse you and make you feel clean again?
5. What will God NEVER despise? Why?
6. In Psalm 91, what is the shelter of the Most High?
7. What does "rest" mean?

How does that feel in the middle of your trouble?

8. To guarantee God's rescue, what must you do?

To guarantee your protection, what must you do?

To guarantee His answer, what must you do?

9. What ingredients are necessary in a healthy relationship?
10. From Psalm 136, what should you desire to remember always and live out through every circumstance in your life?
11. From Psalm 139, why is it important to continually remind yourself of how much the Lord knows you?
12. What does "hem" in mean?

When is the Lord right next to you?

Lesson 3

He's Your Helper

1. When you fear, how does Psalm 27 help you overcome that fear?
2. Through it ALL, how can you be confident that the Lord knows what He's doing?

What spiritual tools has He given you? Ephesians 6:14-19

3. What is the battle that you are constantly in?
4. Where are God's safe places?
5. What is His way? (v11)
6. Why is it hard to wait?

Why is waiting for the Lord crucial?

7. In Psalm 119, what is the simple way to keep your life pure?

List as many verses in this Psalm as you can prove your answer.

8. What do you need from the Lord so that you can understand His Word? (v 33-38)
9. How do you know that God's Word is true and you can put your complete trust in it?
10. In Psalm 121, what must you do to get the help you need?

Is there anyone else that can do that?

11. What will keep you from "slipping"?
12. What does verse 4 mean to you?
13. Even though bad things can happen to this "shell" of yours, what does He promise that will never be harmed or taken away—ever?

Why is "Blessed Assurance" such a wonderful song?

14. What does the Lord watch in your life?

Lesson 4

He Loves Praise

1. What is praise?
2. In Psalm 34, list all the reasons why praise should be on your lips.
3. In Psalm 145, list all the reasons you should praise the Lord.
4. What does Psalm 146 warn you not to put your trust in? Why?
5. Why is the Lord worthy of your trust in this Psalm?
6. In Psalm 147, who does He sustain? Explain.
7. In this Psalm, what does the Lord take pleasure in?

8. From Psalm 148,
Who should praise the Lord?

Where should you praise the Lord?

When should you praise the Lord?

9. From Psalm 149, why should you be singing a new song?
10. Are you a saint? Why?
11. What does Psalm 150 sound like to you?

Is your heart excited?

12. What does heaven sound like? Revelation 5:8-13

Now are you excited?

13. What have these Psalms opened your eyes and ears to?

14. Do you believe that a Psalm a day could keep Satan, worry and "self" away
P.S. Then do it!!