

Lesson 1
The Study Or Library-The Forming of Our Minds
Philippians 4:4-9 and various Scriptures

1. What does “Rejoice in the Lord always” mean to you? Why do you think Paul repeats it?
2. Personally explain “The Lord is near”.
3. What are other words for anxious and what causes this emotion?
4. Many people do not think it is possible to be anxiety free. Are you one of them? How is it possible to “not be anxious about anything”?
5. How are you to pray? Explain. What are the results?
6. Why must your heart and mind be guarded, and why should it be examined frequently? (also Psalm 26:3)
7. What specific instructions are you to think about? Why is what you are thinking vitally important?
8. Why is the apostle Paul (the writer of this book) so confident of his every thought, word and deed? Why is he not even a little bit ashamed of his character? What can you learn from this?
9. Explain these verses in your own words.
Matthew 22:37

Luke 24:45
10. From Romans 12:2, how can your mind be renewed, and how can it transform you?
11. Why is II Corinthians 4:4 so dangerous?
12. Explain the following verses:
Philippians 3:19

Colossians 3:2

I Peter 1:13

I Peter 4:7

How do you set or prepare your mind?

Personal: Where do you really want your mind to be?

Lesson 2
The Dining Room Where We Are Satisfied
I John 2:15-17 and various Scriptures

1. This is our Father's beautifully created world. Explain why you are told not to love it. What is "the world" in this context? What were the Lord's instructions way back in Genesis 2:8-9, 15-17? What do the "trees" stand for?
2. Why is it spiritually dangerous to be in love with this world?
3. What is on the menu in the dining room of your "self" desires? What are some of your top priorities (be honest)? Why are they so important to you?
4. What kinds of cravings come from sin?
5. What does lust mean?
6. How is boasting a sign of the world?
7. So often, how do you measure your "worth"? How should you?
8. Why is it true that the desires of the world will pass away? What should that mean to you?
9. Read and define:
 - a. Matthew 6:24
 - b. James 4:4
 - c. Matthew 7:21
10. What qualities do you need if you are to live in this world and yet commanded to obey and stay in the will of God? How do you get these qualities?
11. Contrast these two stories for Mark 10:17-24 and 46-52. Also read Eccl. 5:10. Who is truly satisfied?

12. What does Jesus mean in this verses? Matthew 5:6 and Luke 6:21
13. Read John 4. How does this story prove that Jesus satisfies completely?
14. What does Jesus want to satisfy? Also read Matthew 6:11
15. Should you ever go on a spiritual diet? Why not?

Lesson 3
The Living Room It's All About Time
1 John 1:1-7 and Ephesians 1:3-10

1. What does “fellowship” mean to you? What does spiritual intimacy mean to you?
2. What words or phrases show the kinds of relationship John has with Jesus?
3. John and Jesus had a very special relationship (John 21:20). How do you think it got that way? Do you have that kind of relationship with Him? How often do you meet with Him?
4. What distractions typically prevent you from developing that kind of relationship with the Lord?
5. How are darkness and light contrasted in verses 5-7? How can you tell if you are walking in the light or in the darkness?
6. What is the difference in communicating with a Person you know rather than a good religious feeling?
7. What are benefits of spending time and energy developing a close relationship with Christ?
8. How does your individual fellowship with God affect people around you?
9. From the Ephesians passage, what do you have because of Jesus? Why do you think He did that for you? How can you say thank you?
10. How important are appointments to you? Do you keep them? Are you on time? Do you consider the person that you have the appointment with?
11. What will it take to keep your appointment with your Savior, every day? Who is your biggest enemy when it comes to this? (And it's not the devil either!)

12. Without sounding too melodramatic, how can keeping your daily appointment with the Lord transform your life?

Lessons 4 and 5
The Recreation Room Our Play Time
And
The Bedroom
John 2:1-11

1. Where do you go or what do you do for entertainment? Do you or do you not take Jesus everywhere with you? Have you ever thought about that before?
2. From John 2, running out of wine at the big social event was a serious offense, and the wedding could have turned into a disaster? What did Jesus do?
3. How does this story reveal Jesus' interest in people celebrating and enjoying themselves together?
4. Do you think being a Christian means a life of no fun? However, if you love the Lord, what must you consider in your activities and entertainment?
5. Read Proverbs 5:15-23. Whether you are married or single, what is your response to the idea of letting Christ into the bedroom of your life?
6. Why do you think our sexuality is important to God?
7. Read Genesis 2:24. Does Scripture indicate the privacy and exclusivity of the sexual relationship between a wife and husband?
8. From the Scripture, what universal principles about sexuality are there for anyone, male or female, married or single?
9. When is it most difficult to resist sexual temptation? If you succumb to the temptation (sin), are there consequences?
10. Read Genesis 39:1-12. How did Joseph handle this situation?
11. What does "purity" mean?

12. What does David say in Psalm 51? Why? What had happened to him?
13. Read Matthew 5:8. What is the benefit of being pure? Explain.
14. What is your instruction on this subject from I Timothy 5:22 and Hebrews 13:4?
15. How do sexual boundaries provide freedom and security?

Lesson 6
The Hall Closet It's Time to Clean It Out
Psalm 139

1. Personal-What do you have locked away in the hall closet of your heart that no one knows about? Why do you keep it hidden? What tends to hinder you from opening your hall closet to the Lord?
2. From the Bible passage, what do these verses reveal about what God knows about you?
3. How do you react to the idea that God sees and knows everything about about you?
4. If God already knows, why then do you pretend to “conceal” it from Him?
5. What does unconfessed sin do to you?
6. What do you know of God’s character that should give you courage to be honest with Him about your secrets?
7. What happens when you finally begin communicating honestly with God? (I John 1:9). How should that truth affect you?
8. Why is Psalm 139:23-24a so important and vital to do?
9. In the last phrase of this Psalm, the writer prays for the Lord to “lead me in the way everlasting”. How does this prayer offer hope for the “cleaning and repainting” of the hall closet?
10. You’ve opened every room of your heart to Him. How do you keep it pure and squeaky-clean?
11. Like any housecleaning, it’s work. According to Hebrews 12:11, is it worth it? Explain.